

EQUIPPED POWERLIFTING - Qualifiers for SA Champs 2025

Name	Province	Age Cat	Weight Cat	YOB	SJ	Jun	Open	M1	M2	M3	M4	Qualifying Total	Qualifying Comp
Carol Anthony	G	F-O	52	1966			X					285,0	Defending Champion - SA Equipped Powerlifting 2025
Elisabeth Barry	EC	F-M2	52						X			220,0	WC Equipped Powerlifting 2026
Laura de Wet	G	F-M2	63	1974					X			440,0	Defending Champion - SA Equipped Powerlifting 2025
Mijuane de Wet	EC	F-J	63	2006		X						422,5	Defending Champion - SA Equipped Powerlifting 2025
Mijuane de Wet	G	F-O	63	2006			X					422,5	Defending Champion - SA Equipped Powerlifting 2025
Carol Anthony	G	F-O	63	1966			X					285,0	Gauteng Equipped Powerlifting 2026
Carol Anthony	G	F-M3	63	1966						X		285,0	Gauteng Equipped Powerlifting 2026
Chante Mulder	G	F-J	69	2006		X						355,0	Defending Champion - SA Equipped Powerlifting 2025
Heather Leighton	EC	F-M3	69	1964						X		271,0	Defending Champion - SA Equipped Powerlifting 2025
Chantelle du Toit	EC	F-M1	76	1985				X				385,0	Defending Champion - SA Equipped Powerlifting 2025
Lize-Mari De Beer	G	F-O	76	2000			X					315,0	Gauteng Equipped Powerlifting 2026
Lize-Mari de Beer	NW	F-O	76	2000			X					312,5	Defending Champion - SA Equipped Powerlifting 2025
Chanté Mulder	EC	F-J	76			X						275,0	EC Equipped Powerlifting 2026
Kobie Mellet	EC	F-SJ	76		X							252,5	EC Equipped Powerlifting 2026
Joanne Cooper	G	F-M3	76	1964						X		182,5	Gauteng Equipped Powerlifting 2026
V'Leen Serge	Gau	F-O	84	1986			X					355,0	NW Equipped Powerlifting 2026
V'Leen Serge	Gau	F-M1	84	1986				X				355,0	NW Equipped Powerlifting 2026
Monique Slabbert	G	F-O	84	1998			X					330,0	Gauteng Equipped Powerlifting 2026
Olivia Perotti	Gau	F-O	84+	1989			X					505,0	NW Equipped Powerlifting 2026
Lauren Jones	Gau	F-O	84+	1977			X					435,0	NW Equipped Powerlifting 2026
Lauren Jones	Gau	F-M1	84+	1977				X				435,0	NW Equipped Powerlifting 2026
Christi Rees	WC	F-O	84+	1986			X					390,0	Gauteng Equipped Powerlifting 2026
Christi Rees	WC	F-M1	84+	1986				X				390,0	Gauteng Equipped Powerlifting 2026

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Riyaad Mahomed	KZN	M-SJ	53	2009	X							347,5	KZN Equipped Powerlifting 2026
Rehaan Mahomed	KZN	M-SJ	59	2009	X							357,5	KZN Equipped Powerlifting 2026
Francois Froneman	EC	M-SJ	59	2008	X							280,0	Defending Champion - SA Equipped Powerlifting 2025
Ruben Roodt	G	M-SJ	66	2010	X							350,0	Gauteng Equipped Powerlifting 2026
Marcel Vorster	G	M-O	74	1994			X					500,0	Gauteng Equipped Powerlifting 2026
Ryno Theron	KZN	M-M1	74	1983				X				490,0	KZN Equipped Powerlifting 2026
Alan de Beer	EC	M-SJ	74		X							465,0	EC Equipped Powerlifting 2026
Kuaan van Tonder	G	M-SJ	74	2010	X							410,0	Gauteng Equipped Powerlifting 2026
Brandon Looock	EC	M-J	74	2006		X						385,0	Defending Champion - SA Equipped Powerlifting 2025
Daniel Asiwe	NW	M-O	83	1995			X					557,5	NW Equipped Powerlifting 2026
Chris Botha	WC	M-SJ	83	2010	X							515,0	Gauteng Equipped Powerlifting 2026
Tommy de Nysschen	NC	M-M3	83	1963						X		501,0	Defending Champion - SA Equipped Powerlifting 2025
Tommie de Nysschen	NC	M-M3	83	1963						X		360,0	NW Equipped Powerlifting 2026
Dan Oppenheim	G	M-M4	83	1945							X	357,5	Defending Champion - SA Equipped Powerlifting 2025
Howard Rybko	G	M-M4	83	1956							X	315,0	Gauteng Equipped Powerlifting 2026

Equipped Powerlifting qualifiers

Carel Jansen	G	M-M2	93	1976					X			510,0	Gauteng Equipped Powerlifting 2026
Haroun Pieterse	G	M-O	105	1987			X					790,0	Defending Champion - SA Equipped Powerlifting 2025
Derik Van Wyk	G	M-O	105	1986			X					610,0	Gauteng Equipped Powerlifting 2026
Derik Van Wyk	G	M-M1	105	1986				X				610,0	Gauteng Equipped Powerlifting 2026
Hanno Britz	Gau	M-JR	105	2007		X						432,5	NW Equipped Powerlifting 2026
André Ludik	EC	M-M3	105							X		310,0	EC Equipped Powerlifting 2026
Haroun Pieterse	G	M-O	120	1987			X					760,0	Gauteng Equipped Powerlifting 2026
Derik van Wyk	G	M-O	120	1985			X					752,5	Defending Champion - SA Equipped Powerlifting 2025
Justin Furman	G	M-O	120	2001			X					747,5	Gauteng Equipped Powerlifting 2026
Hermanus de Beer	G	M-M2	120	1970					X			690,5	Defending Champion - SA Equipped Powerlifting 2025
Sean Britz	G	M-J	120	2003		X						620,0	Gauteng Equipped Powerlifting 2026
Ernst Britz	Gau	M-SJR	120	2009	X							505,0	NW Equipped Powerlifting 2026
Edlyn Serge	Gau	M-M1	120	1984				X				500,0	NW Equipped Powerlifting 2026
Ricardo Carzola	G	M-SOI	120	2004		X						287,5	Gauteng Equipped Powerlifting 2026
Simon Breetzke	G	M-M1	120+	1978				X				735,0	Defending Champion - SA Equipped Powerlifting 2025
John Crain	G	M-M2	120+	1969					X			720,0	Defending Champion - SA Equipped Powerlifting 2025
Hermanus De Beer	G	M-O	120+	1970			X					675,0	Gauteng Equipped Powerlifting 2026
Hermanus De Beer	G	M-M2	120+	1970					X			675,0	Gauteng Equipped Powerlifting 2026
Warren Bakos	G	M-M2	120+	1972					X			465,0	Gauteng Equipped Powerlifting 2026